

# Vocational PE - Cambridge National Level 2 in Sport Studies (OCR) *Mr McNeill*

## Course outline

The Cambridge Nationals in Sport Studies offer learners the chance to develop different types of skills through largely practical means; communication, problem solving, team working, evaluation and analysis, performing under pressure, and formulating written findings from practical investigation are all transferable skills which can be learned and assessed through this qualification and utilised in many other educational and employment settings.

This qualification has been designed with practical and engaging ways of teaching in mind and enable learners to:

- Develop a range of skills through involvement in sport and physical activity in different contexts and roles
- Develop their ability to apply theoretical knowledge to practical situations
- Increase their awareness of different ways to stay involved in sport and physical activity and of different careers and roles within sport.

## Assessment

### R051: Contemporary issues in sport (mandatory unit, written paper -1 hour)

Students explore a range of topical and contemporary issues in sport, such as participation levels and barriers, promoting values and ethical behaviour, and how sport contributes to society as a whole beyond simply providing entertainment.

### R053: Sports leadership (optional unit, centre assessed tasks)

Students learn about some of the knowledge, understanding and practical skills required to be an effective sport leader. They put their knowledge into practice by planning and delivering safe and effective sporting activity sessions. Afterwards they review their performance.

### R054: Sport and the media (optional unit, centre assessed tasks)

Students explore the relationship between sports and the media: how sport uses the media to promote itself and the media uses sport to expand and maintain uptake of its products. They look at the differences in sports coverage across a range of media outlets and over time and the effect that media has had on public interest and involvement in sport.

## Progression/further study

The Physical Education option provides a solid basis for students who wish to study BTEC Level 3 Extended Diploma in Sport. With the growing popularity of Health & Leisure sector, Physical Education is seen as the ideal stepping stone towards professions such as Physiotherapist, Personal Training, Sport Development Officers, Teaching, Coaching and Performance Analysts.