

Course Outline

The Key Stage 4 programme at The Oakwood Academy follows National Curriculum guidelines, offering breadth and balance across a variety of sports and activities. It is vital that students develop their understanding of how to keep physically healthy and maintain an active lifestyle. This includes ensuring that students have ample opportunity to be active in PE lessons during the school day.

Assessment

There is no formal assessments or examinations in this course.

Progression/further study

This course should improve student fitness and provide opportunities to participate in activities that they can continue when they leave The Oakwood Academy either at a recreational or competitive level. This could be done through a local club, society or simply with friends/colleagues.