

Curriculum PLUS

CO-CURRICULAR
PROGRAMME

 **REDHILL**
ACADEMY TRUST

Equality and Achievement

2024



Welcome to Curriculum Plus



Our academy promotes activities that widen our students' experiences through our Curriculum Plus programme. This includes opportunities to participate in sport clubs, the performing arts, trips abroad, cultural experiences and character-building challenges.

These experiences help to develop our students' self-confidence, build their resilience, and feel a sense of belonging. They also challenge our students to learn new skills and find a passion that they can take with them throughout their life.

Students can take part in activities they already love or choose to try something brand new. We encourage all students to get involved and choose at least one or two Curriculum Plus activities.

Find out more about our Curriculum Plus programme by following [@RedhillPlus](https://twitter.com/RedhillPlus) on Twitter.

Our guiding principles

- 1 High expectations for all
- 2 Widening students' experiences
- 3 Outstanding teaching
- 4 Committed to equality & diversity
- 5 Celebrating academic achievement

 **REDHILL**
ACADEMY TRUST
Equality and Achievement



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club 8-8:45am Main Hall	Breakfast Club 8-8:45am Main Hall	Breakfast Club 8-8:45am Main Hall	Breakfast Club 8-8:45am Main Hall	Breakfast Club 8-8:45am Main Hall
MUGA (Football) 12:20-12:50pm MUGA	MUGA (Football) 12:20-12:50pm MUGA	MUGA (Football) 12:20-12:50pm MUGA	MUGA (Football) 12:20-12:50pm MUGA	MUGA (Football) 12:20-12:50pm MUGA
Library Lunch Club Lunchtime Library	Library Lunch Club Lunchtime Library	Library Lunch Club Lunchtime Library	Library Lunch Club Lunchtime Library	Library Lunch Club Lunchtime Library
Library Homework Club 3-4pm Library	Library Homework Club 3-4pm Library	Library Homework Club 3-4pm Library	Library Homework Club 3-4pm Library	Library Homework Club 3-3:30pm Library
Homework Club 3-4pm Zone	Homework Club 3-4pm Zone	Homework Club 3-4pm Zone	Homework Club 3-4pm Zone	Homework Club 3-4pm Zone
Gaming/Warhammer Club 3-4pm C003	Ethereal Learning 3-4pm A005	Singing Methods Lunchtimes A003	Board Games Lunchtime B106	PRIDE Group Lunchtimes Library
Boys Football Club 3-4pm Field	Music Club Lunchtimes Music Room	Bee Creative – Arts & Crafts 3-4pm Zone	Science STEM Club 3-4pm B004	
Girls Football Club 3-4pm MUGA	Education FC 3-4pm Sports Hall / MUGA	Mindfulness colouring 3-4pm Art room	Warhammer Warriors Club 3-4pm A005	
		The Duke of Edinburgh's Award 3-4pm B107	Couch to 5k! 3-4pm Sports Field/Bestwood Lodge	
		Dungeons & Dragon's 3-4pm Removal Room	Epic Partners 3-4pm Sports Hall / MUGA	
		Cyber First 3-4pm B005	Playhouse 3-4pm A005	
		Crochet Club 3-4pm	UNO Club Lunchtimes B103	
		Bake Off Every last Wednesday of month C102	Key Stage 3 Gym Club 3-4pm Gym	
		Netball club in Sports Hall 3-4pm	Basketball club in Sports Hall 3-4pm	
		EFD 3-4pm Sports Hall	Diversity Champions Lunchtime B105	
		Key Stage 4 Gym Club 3-4pm		

To read the full Curriculum Plus brochure online, please go to this website or use the QR Code



<https://www.oakwoodacademy.org.uk/curriculum-plus>

Curriculum Plus



Curriculum Plus



What is Curriculum Plus?

Curriculum Plus is our extra-curricular activities campaign which gives students the opportunity to have different experiences outside of their normal school day.

Curriculum Plus activities take place at break, lunch and after-school and are hosted by a variety of faculties; some are related to sports and physical activities, others are centered around well-being and others are extensions of our curriculum and offer support to students who need it.

Why is it important?

At The Oakwood Academy, we believe in helping to develop students as an entirety. This means helping them to progress in more than their educational attainment; developing their confidence, extra-curricular skills and helping them to discover their interests in a safe, welcoming environment.





Click on a club name to learn more about it.

Click on the Oakwood Shield to return here.

Curriculum Plus by Faculty

Design Technology



- Bake Off

Miscellaneous

- Bee Creative
- Board Games Club
- Breakfast Club
- Crochet Club
- Cyber First!
- Duke of Edinburgh Award
- Diversity Champions
- Dungeons and Dragons Club
- Education FC
- The Ethereal Learning
- Library Lunch Club
- Oakwood Allotment Keepers
- PRIDE Group
- UNO Club
- Warhammer 40k Club
- Warhammer Warriors Club



Expressive Arts



- Mindfulness Colouring
- Music Club
- Nottingham Playhouse
- Singing Methods



Physical Education

- Basketball
- Boys Football
- Couch to 5K!
- Epic Partners
- EFD - Sport and Education
- Gym Club (KS3)
- Gym Club (KS4)
- Girls Football
- MUGA
- Netball



Homework Clubs

- Homework Club Library
- Homework Club SEND



Curriculum Plus



Boys Football 24



**Mr S Nelson and
Mr T Simpson**



**All Years
(Boys)**



**Monday
3.00 to 4.00**



Field

Fancy a kick around? Bring your boots and join us every Monday after school, 3-4pm on the field.

Learns some new drills, practice your skills and create some new tactics!

This is the perfect opportunity to work as a team, show some leadership and most importantly have fun while getting active!

Show us some commitment and you will also get plenty of opportunities to play in fixtures and attend trips.



Curriculum Plus



Breakfast Club



All Years



Everyday from
8.00 am



Main Hall

Research has proven that students who regularly eat breakfast do better in their GCSE's. A healthy breakfast not only starts the day right but it can improve your mood and provide you with that much needed energy.

All students are welcome and food/drink is free (condiments available for a small extra cost).

Come along to the Main Hall from 8.00am to start your day right!



Curriculum Plus



Girls Football 24



Mr C Brooke



All Years
(Girls)



Monday
3.00 to 4.00



MUGA

Want to show the boys you can play just as well as them at football?

Join us every Monday on the MUGA and brush up on your skills, techniques and tactics. Show us your dedication and we will also have plenty of fixtures organised where we can put your hard work into practice.

Girls welcome from all Years!



Curriculum Plus



Homework Club 23/24



Zone Staff



All Years



**Monday - Thursday
3.00 to 4.00**



The Zone

Would you like a little extra help with your homework?

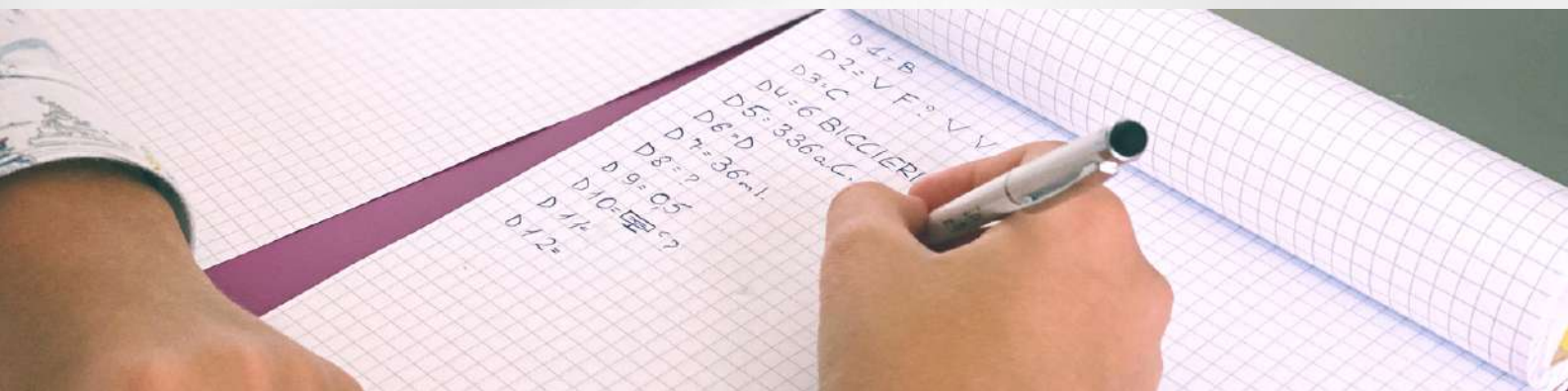
Well, look no further!

Open to Years 7,8,9,10 and 11. Students can receive help/support with their homework Monday to Thursday after school.

Students can use school laptops to access Class Charts and complete homework tasks that they may struggle with at home.



Curriculum Plus



Library Homework Club 23/24



Mrs J Smith
& Mrs S Lee



All Years



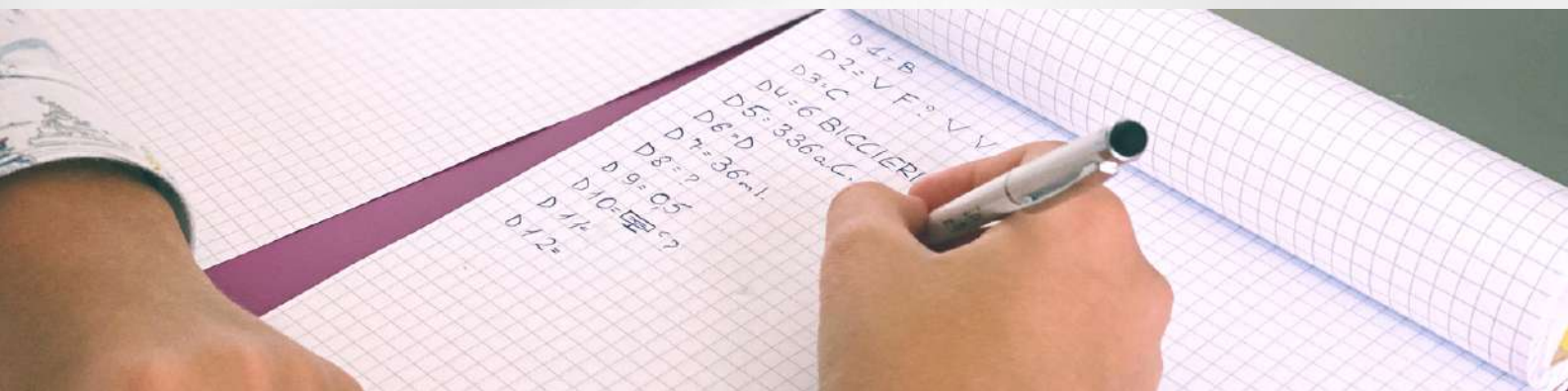
Monday-Thursday The Library
3.00 to 4.00
Friday 3.00 to 3.30



This is for students to use the space and resources, including books and computers to do homework and research.



Curriculum Plus



Library Lunch Club 23/24



Mrs J Smith
& Mrs S Lee



All Years



Everyday
lunchtimes



The Library

These are on every lunchtime - and we provide a range of activities such as, mindful colouring, puzzles and word searches, taking part in competitions and board games. Or students can use this space at lunch time for quiet reading or doing their homework.

Open to Years 7 to 11.



Curriculum Plus



MUGA



PE Staff



All Years



Everyday
lunchtimes



MUGA

Every day we offer a space for students to have fun with their friends and play some football.

This gives everyone the opportunity to let off some steam and have some healthy competition between friends.

No signing up is needed, just come along every or any lunchtime to the MUGA



Curriculum Plus



Oakwood Allotment Keepers 23/24



Mr D Wood



All Years



Monday
3.00 to 4.00
plus a daily rota



B104 and
Allotment

A chance to test your gardening skills and knowledge with our on-site school garden area.

We need as many recruits as possible, as there will be daily tasks to help maintain the school garden.



Curriculum Plus



Warhammer 40,000 Club



Mr J Davey and
Mr J Hunt



All Years



Monday
3.00 to 4.00



C003

For the Emperor of Mankind! Calling all Imperials, we have been alerted to Xeno's active in the Oakwood area!

Warhammer 40,000 club is mobilising in DT this year - bring your paints and your best dice rolls! Warhammer (40K) club will:

- Paint miniatures!
- Learn the rules!
- Build terrain!
- Play the game!

New and veteran player's welcome!



Curriculum Plus



Education FC



External Visitors



All Years



Tuesday
3.00 to 4.00



Sports Hall
MUGA

Education FC, Tuesday 3-4pm, Sports Hall/MUGA- We will be offering a sports-based session, predominantly football, that will be designed to highlight the value of a certain character quality, or trait that helps make you a successful person. This includes demonstrating the value of hard work, resilience and positive communication in teams. During the sessions we will work with the group and individuals to support their needs in order to better develop well rounded young people.



Curriculum Plus



The Ethereal Learning Foundation



External Visitors



All Years



**Tuesday
3.00 to 4.00**



A005

Ethereal Learning, Tuesday 3-4pm, A005 - The Ethereal Learning Foundation will engage the young people in a journey of self-exploration, self-expression and developing self-awareness through a variety of activities and opportunity for self-reflection and application of skills as an ongoing scaffolded process.

These will include art & craft, exploring positive physical activity, creating music, and mindfulness activities. In addition to this there will be opportunity for future planning and identifying a circle of support. The emphasis will be on the choices we make and how these can impact our lives both now and in the future.

Each session will follow a similar structure to ensure consistency and clear communication for those individuals who need to know a timetable of what is happening. This will be a starter activity (to help to set the space and environment for the session and to bring the group together), the activity itself and finally an end of session activity to relax the energy of the group (and enable them to leave with a positive message).

Curriculum Plus



Music Club 23/24



Mr C Blundell



All Years



Tuesday
lunchtimes



Music Room

Come and use the music equipment to practice your classroom work, practice for your instrumental lessons, develop a band/group and get ready for school performances.



Curriculum Plus



Bake Off



Mrs R Clark



All Years



Every last
Wednesday of
the month



C102

Every month Mrs Clark will provide a new technical challenge from tray bakes to biscuits to fancy tarts.

Guest judges will pick out a talented star baker each month. Ingredients will be provided and the produce will be sold to students at break time the following day. Sign up in C102.



Curriculum Plus



Bee Creative - Arts and Crafts



Miss L Charles
and Mrs S Byron



All Years



Wednesday
3.00 to 4.00



The Zone

We will create seasonal crafts inspired by both indoors and outdoors, using a variety of materials and products. Students will be encouraged to bring forward their thoughts and ideas and will be rewarded for 'The most creative student of the term'.



Curriculum Plus



Crochet Club



Miss E Wilkins



All Years



Wednesday
3.00 to 4.00



C107

Have you ever wanted to learn how to crochet? Come along and learn the basics with the aim to create squares which we then make into blankets for the neo-natal unit.

All are welcome on a Wednesday 3-4pm.



Curriculum Plus



Duke of Edinburgh Award 23/24



Mrs S Webster



Years 9, 10 and 11



**Wednesday
3.00 to 4.00**



B107

An opportunity to discover new interests and talents, have fun with friends, develop skills for life and work, and build confidence - a recognised mark of achievement respected by employers

Set your own personal challenges over four sections:

- helping the community/environment
- getting fitter
- developing a new skill
- planning, training for and completing an expedition

The award is available to Years 9, 10 and 11 at Bronze and Silver levels.



Curriculum Plus



Dungeons and Dragons Club



Miss L Robertson



KS3



Wednesday
3.00 to 4.00



Removal
Room

Are you interested in playing Dungeons and Dragons? Would you like to learn how to build your own characters, design maps and go exploring with your friends?

Ideal for new adventurers in years 7,8 and 9 - it doesn't matter if you have never played before! This club will walk you through the process of starting a Dungeons and Dragons campaign. It will provide plenty of opportunity to use your imagination, work on problem solving and build confidence.



Curriculum Plus



EFD - Sport and Education



EFD



All Years



**Wednesday
3.00 to 4.00**



Sports Hall

Our after-school clubs will consist of a variety of sports and activities, which alternate throughout the year.

All of our sports sessions are primarily designed to ensure children are able to develop basic skills whilst encouraging participation and staying active. Each sport will take place over a 6/7-week block.

Children will be offered healthy snacks such as fruit and cereal bars at the start and during each session. Any food allergies or intolerances should be raised with EFD before the sessions commence.



Curriculum Plus



Key Stage 4 Gym Club



Mr T Simpson



9, 10 & 11



Wednesday
3.00 to 4.00



Gym

Our gym at The Oakwood Academy is fully equipped with treadmills, cross trainers, bikes and numerous weight machines, within the session pupils will be supported and guided on all of the equipment to ensure all participants are safe.

Regular gym workouts offer a path to improved fitness and overall well-being. It is a place where you can challenge yourself, de-stress and boost your confidence whilst taking steps towards a healthier, more active lifestyle.



Curriculum Plus



Mindfulness Colouring



Miss K Stacey



All Years



Wednesday
3.00 to 4.00



A004

Come to the Art room on Wednesdays afterschool 3-4pm and get involved with some Mindfulness Colouring!

This form of Art is proven to help with calmness and relaxation and is open to all students and staff. Come along to relax, enhance your colour skills or just enjoy the art of colouring.



Curriculum Plus



Netball Club



**Miss G MacNaughton,
Miss K Fowkes and
Miss H Cooke**



Key Stage 3



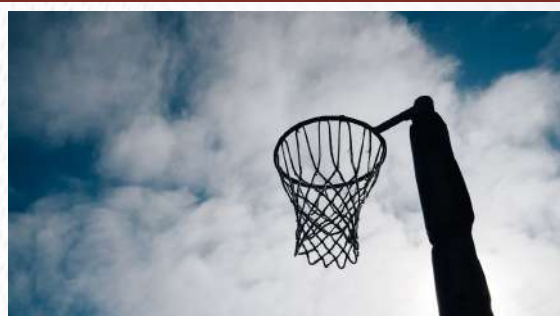
**Wednesday
3.00 to 4.00**



Sports Hall

If you already have an interest in netball and wish to improve your skills even further, this is the club for you. Every Wednesday we run Netball club in the sports hall which is available for all years. We look at a range of skills and tactics that you can use in gameplay as well as challenge every individual to reach their full potential in every and all positions.

We complete numerous drills and activities that help with your confidence, resilience and team work as well as provide numerous opportunities to play in competitive games not just against each other but also other schools and teams.



Curriculum Plus



Singing Methods



Miss O Bartkowska



All Years



Wednesday
lunchtimes



A003

If you happen to: like any kind of music, you are fancy learning while having fun with your friends, and feel like boosting your confidence in English -

DO NOT HESITATE!

Pop in to one of our lovely classrooms (food/drinks allowed) and get ready to become a popular poet like Adele!



Curriculum Plus



Board Games Club



Mr D Cunningham



All Years



Thursday
lunchtimes



B106

Ever wanted to learn to play classic and modern board games?

Got a competitive streak?

Come join us in B106 on Thursday lunchtime for board games, chat and fun!



Curriculum Plus



Diversity Champions



Ms S Wilkinson



All Years

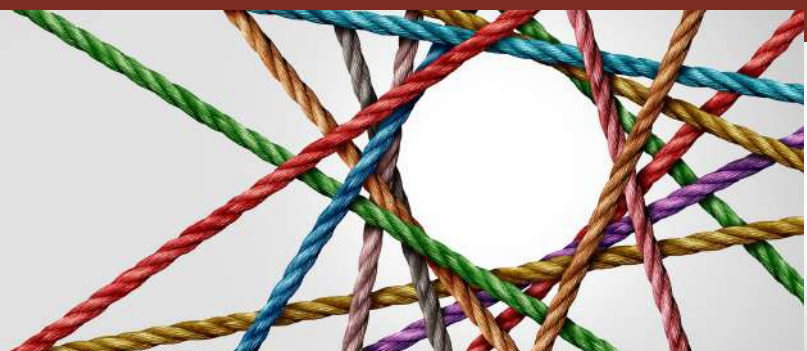


Thursday
lunchtimes



B105

Promoting and celebrating the differences and uniqueness's of all the people who attend and work at The Oakwood Academy



Curriculum Plus



Science STEM club



Mr D Waller



All Years



Thursday
3.00 to 4.00



B004

Could you survive an asteroid impact? For the last few billion years an asteroid has been journeying through space, on course to hit planet Earth! It collides with the Earth but luckily for you, scientists saw it coming and you were evacuated to an underground bunker.

Your challenge now is to survive the devastating aftermath.

This STEM club investigates the science involved in surviving an asteroid impact – from how you would grow crops in the long winter that follows the impact, to how you could protect yourself from burning acid rain.



Curriculum Plus



Couch to 5k!



**Ms S Wilkinson,
Mrs S Wright and
Miss D Gray**



All Years



**Thursday
3.00 to 4.00**



**Sports fields /
Bestwood Lodge**

Healthy changes start with little changes. Couch to 5K is for everyone.

Whether you've never run before or you just want to get more active, Couch to 5K is an easy way of getting fitter and healthier.

If you are interested, come and join us every Thursday after school 3-4pm.



Curriculum Plus



Cyber First!



Ms K Cuthbert



Year 8 girls



Wednesday
3.00 to 4.00



B005

-Team up, Be Challenged & Win Laptops!

Break Codes, Make Friends, Win Prizes

Are you ready for the next level?

Cyber First is national competition ran by The National Cyber Security Centre for girls in Year 8.

In groups of 4 you will take on challenges involving cryptography, logic, artificial intelligence and networking.

All for the chance to be crowned cyber security champions!!!

Join Mrs Smith & Ms Cuthbert to find out what it's all about.

Year 8 girls only.



Curriculum Plus



Epic Partners



External Visitors



All Years



**Thursday
3.00 to 4.00**



**Sports Hall
MUGA**

Epic partners, Thursday 3-4pm, Sports Hall/MUGA -
We create fun, inclusive, and engaging sporting opportunities for all, ensuring that all pupils have the opportunity to learn and improve their knowledge and performance across a wide range of sporting pursuits.



Curriculum Plus



Nottingham Playhouse



**Nottingham
Playhouse**



All Years



**Wednesday and
Thursday
3.00 to 4.00**



Thursday A005

The structure we propose are weekly theatre and Drama sessions, with a particular focus on devising and spoken word. Both of these creative forms are brilliant for allowing young people, in particular those who do not engage well in a formal setting, to express themselves, find their voice and become more confident, articulate people.

Sessions would be enjoyable but also tightly structured - this is about having fun but also clear structure and outcomes.



Curriculum Plus



Key Stage3 Gym Club



Miss K Fowkes



7 & 8



Thursday
3.00 to 4.00



Gym

Our gym at The Oakwood Academy is fully equipped with treadmills, cross trainers, bikes and numerous weight machines, within the session pupils will be supported and guided on all of the equipment to ensure all participants are safe.

Regular gym workouts offer a path to improved fitness and overall well-being. It is a place where you can challenge yourself, de-stress and boost your confidence whilst taking steps towards a healthier, more active lifestyle.



Curriculum Plus



Basketball Club



**Miss G MacNaughton,
Miss K Fowkes and
Miss H Cooke**



Key Stage 4



**Thursday
3.00 to 4.00**



Sports Hall

For all the basketball enthusiasts out there, we now offer Basketball club every Thursday in the sports hall. This is a great opportunity for everyone to come down, blow off a bit of steam and have fun! Basketball club is open to all years, and includes shooting, dribbling and defending drills as well as plenty of opportunities to play some matches.

We focus all our sessions on resilience, determination and team work as well as improving your skills, techniques and tactics knowledge and understanding. As Stephen Curry said 'Success is not an accident, it's a choice'.

I'm also waiting to hear back from a few clubs that haven't had any participants this half term to see if they are still running and whether to keep them on class charts/brochure so as soon as I hear back from them, I will let you know.

Curriculum Plus



Warhammer Warriors Club



Miss K Cuthbert



All Years



Thursday
3.00 to 4.00



A005

Welcome to the Warhammer Warriors club, where the battlefields of the Warhammer universe come to life on our tabletops! This club is dedicated to the thrilling world of Warhammer, where you can command armies of fantastical creatures, engage in epic battles, and unleash your strategic genius.

We offer:

- Warhammer Miniatures
- Painting and Hobbying
- Strategy and Tactics
- Campaigns and Narrative Play
- Community and Camaraderie
- Painting Contests and Events
- Materials and Resources



Curriculum Plus



UNO Club



Mrs M Smith



All Years



**Thursday
lunchtimes**



B103

Everybody loves UNO! A great, simple card game to play with others. Whether you are competitive or just like to play while chatting to friends you are welcome to join us.

Don't worry if you never played UNO before and don't know the rules, they are quick and simple to pick up. If you are a seasoned pro come along and have a go at UNO Flip, UNO Wild or DOS. Everybody is welcome and I look forward to seeing you at UNO Club.



Curriculum Plus



PRIDE Group 23/24



Ms S Wilkinson



All Years



**Friday
12.20 to 1.00**



Library

Pride group is a celebratory supportive environment for both students who identify within the LGBTQ+ community and those who wish to offer support and friendship alongside allyship.

A place to come and chat and support people and have conversations about all things LGBTQ+.

We use the time to delve into the history of the community, develop ideas to celebrate and support LGBTQ+ identities throughout the year.





The
Oakwood
Academy



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Equality and Achievement