

## Welcome to Curriculum Plus



Our academy promotes activities that widen our students' experiences through our Curriculum Plus programme. This includes opportunities to participate in sport clubs, the performing arts, trips abroad, cultural experiences and character-building challenges.

These experiences help to develop our students' self-confidence, build their resilience, and feel a sense of belonging. They also challenge our students to learn new skills and find a passion that they can take with them throughout their life.

Students can take part in activities they already love or choose to try something brand new. We encourage all students to get involved and choose at least one or two Curriculum Plus activities.

Find out more about our Curriculum Plus programme by following <u>@RedhillPlus</u> on Twitter.

#### Our guiding principles

- 1 High expectations for all
- 2 Widening students' experiences
  - 3 Outstanding teaching
  - 4 Committed to equality & diversity
  - **5** Celebrating academic achievement



Equality and Achievement



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club	Breakfast Club
8-8:45am	8-8:45am	8-8:45am	8-8:45am	8-8:45am
Main Hall	Main Hall	Main Hall	Main Hall	Main Hall
MUGA (Football)	MUGA (Football)	MUGA (Football)	MUGA (Football)	MUGA (Football)
12:30-1:0pm	12:30-1:0pm	12:30-1:0pm	12:30-1:0pm	12:30-1:0pm
MUGA	MUGA	MUGA	MUGA	MUGA
Library Lunch Club	Library Lunch Club	Library Lunch Club	Library Lunch Club	Library Lunch Club
Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime
Library	Library	Library	Library	Library
Library Homework Club	Library Homework Club	Library Homework Club	Library Homework Club	Homework Club
3.10-4.10pm	3.10-4.10pm	3.10-4.10pm	3.10-4.10pm	3.10-4.10pm
Library	Library	Library	Library	Zone
Homework Club	Homework Club	Homework Club	Homework Club	UNO Club (Y9 - 11)
3.10-4.10pm 2	3.10-4.10pm	3.10-4.10pm	3.10-4.10pm	Lunchtime
Zone	Zone	Zone	Zone	B103
Warhammer Club	UNO Club (Y7 & 8)	Bee Creative	Pride Group	KS4 Music Club
3.10-4.10pm	Lunchtime	3.10-4.10pm	Lunchtime	Lunchtime
C003	B103	Zone	B106	Music Room
Handball	Poetry by Heart	Trampolining (Y7 & 8)	Netball Academy (Y7 & 8)	
3.10-4.10pm	Lunchtime	3.10-4.10pm	3.10-4.10pm	
Sports Hall	A101	Sports Hall	Sports Hall	
Football Academy (all Years) 3.10-4.10pm Field	CV & Interview Workshop KS4 only 3.10-4.10pm SSC	Cyber First 3.10-4.10pm B005	Couch to 5k! 3.10-4.10pm Bestwood Lodge	
D of E	KS3 Drama	Netball Academy (Y9 - 11)	Science STEM Club	
3.10-4.10pm	3.10-4.10pm	3.10-4.10pm	3.10-4.10pm	
Library	A001	Sports Hall	B004	
Time to Relax 3.10-4.10pm C104		Gym/Rowing Club 3.10-4.10pm Gym	KS3 Creativity Club 3.10-4.10pm A001	
KS3 Music Club Lunchtime Music Room		KS4 Music Club Lunchtime Music Room	Trampolining (Y9-11) 3.10-4.10pm Sports Hall	



#### What is Curriculum Plus?

Curriculum Plus is our extra-curricular activities campaign which gives students the opportunity to have different experiences outside of their normal school day.

Curriculum Plus activities take place at break, lunch and after-school and are hosted by a variety of faculties; some are related to sports and physical activities, others are centered around well-being and others are extensions of our curriculum and offer support to students who need it.

#### Why is it important?

At The Oakwood Academy, we believe in helping to develop students as an entirety. This means helping them to progress in more than their educational attainment; developing their confidence, extra-curricular skills and helping them to discover their interests in a safe, welcoming environment.



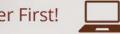


Click on a club name to learn more about it. Click on the Oakwood Shield to return here.

## **Curriculum Plus** by Faculty

#### Miscellaneous

- Bee Creative
- Breakfast Club
- CV Writing & Interview Skills
- Cyber First!



- · Duke of Edinburgh Award
- Library Lunch Club
- PRIDE Group
- UNO Club
- Warhammer 40k Club



#### **Expressive Arts**

- Creativity Club
- Drama Club
  - Music Club



#### **Physical Education**

- Football Academy
- Handball
- MUGA
- Netball
- Trampolining





#### **Homework Clubs**

- Homework Club Library
- Homework Club The Zone

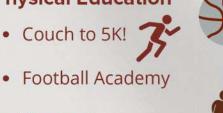
#### Science Clubs

Science STEM

















### **Breakfast Club**









Everyday from 8.00 am



**Main Hall** 

Research has proven that students who regularly eat breakfast do better in their GCSE's. A healthy breakfast not only starts the day right but it can improve your mood and provide you with that much needed energy.

All students are welcome and food/drink is free (condiments available for a small extra cost).

Come along to the Main Hall from 8.00am to start your day right!







### **MUGA (Football)**



**PE Staff** 



**All Years** 



Everyday lunchtimes



MUGA

Every day we offer a space for students to have fun with their friends and play some football.

This gives everyone the opportunity to let off some steam and have some healthy competition between friends.

No signing up is needed, just come along every or any lunchtime to the MUGA







## **Library Lunch Club**



Mrs J Smith & Mrs S Lee



**All Years** 



Everyday lunchtimes



The Library

These are on every lunchtime - and we provide a range of activities such as, mindful colouring, puzzles and word searches, taking part in competitions and board games. Or students can use this space at lunch time for quite reading or doing their homework.

Open to Years 7 to 11.







## **Library Homework Club**



Mrs J Smith & Mrs S Lee



**All Years** 





Monday-Thursday The Library 3.10 to 4.10

This is for students to use the space and resources, including books and computers to do homework and research.









### **Homework Club - The Zone**







**All Years** 



Monday - Thursday 3.10 to 4.10



The Zone

Would you like a little extra help with your homework?

Well, look no further!

Open to Years 7,8,9,10 and 11. Students can receive help/support with their homework Monday to Thursday after school.

Students can use school laptops to access Class Charts and complete homework tasks that they may struggle with at home.









### Warhammer 40,000 Club



Mr J Davey and Mr J Hunt



**All Years** 



Monday 3.10 to 4.10



C003

For the Emperor of Mankind! Calling all Imperials, we have been alerted to Xeno's active in the Oakwood area!

Warhammer 40,000 club is mobilising in DT this year - bring your paints and your best dice rolls! Warhammer (40K) club will:

- -Paint miniatures!
- -Learn the rules!
- -Build terrain!
- -Play the game!

New and veteran player's welcome!







#### Handball



**Mr Borges** 



KS3



Wednesday 3.10 to 4.10



Sports Hall

With Handball being our Trust sport, we want as many of you participating in it as possible! Not only will you have the opportunity to learn about this sport in lessons, but we also now have a club where you can learn more advanced skills and tactics as well as plenty of opportunity for game play!

This opportunity is for Key Stage 3 students only, but with enough interest we will look to expand this for KS4. We will learn new drills, try new positions and work on tactics that can help us be even better for next Handball Trust Games. So come down to the Sports Hall every Monday after school and give it a go









### Football Academy (all Years)



**PE Staff** 



**Years 9-11** 



Monday 3.10 to 4.10



**Field** 

This year, we are launching our first ever Football Academy at The Oakwood Academy. We have been fortunate enough to obtain some funding that will support us with this opportunity, which has included brand new equipment, kit and gym equipment. This opportunity will provide weekly coaching after school Wednesday KS4 3:10-4:10pm, which will include football specific drills, games but also strength & conditioning in the gym; taking part in fixtures and tournaments in the city and county; kit that is specific to each individual and team; and hopefully trips to local and or national/stadiums.

If you wish to be a part of this opportunity you must not only show your commitment through attending all training sessions and fixtures, but also represent The Oakwood Academy as a role model to others. This can be through helping with other sporting opportunities at school, supporting in lessons, and using initiative to help with your own and others development.





## **Duke of Edinburgh Award**



Ms L Cook and Mrs S Webster



Years 9, 10 and 11



Monday 3.10 to 4.10



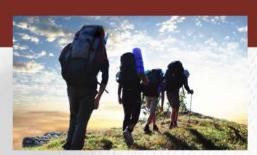
Library

An opportunity to discover new interests and talents, have fun with friends, develop skills for life and work, and build confidence - a recognised mark of achievement respected by employers

Set your own personal challenges over four sections:

- helping the community/environment
- getting fitter
- developing a new skill
- planning, training for and completing an expedition

The award is available to Years 9, 10 and 11 at Bronze and Silver levels.









#### **Time to Relax**



Ms E Abba



**All Years** 



Monday 3.10 to 4.10



C104

In the bustling hallways of our school, the Time to Relax club offers a serene escape for students seeking a moment of calm amidst their busy schedules. Gathered in a serene corner of C104, members indulge in the soothing art of cross stitch and the creative joy of colouring in, all while enjoying meaningful conversations about life, dreams, and everyday challenges. This welcoming space encourages creativity and self-expression, allowing students to unwind, share their thoughts, and forge connections in a relaxed environment. Whether you're a seasoned stitcher or just looking to unwind with a splash of colour, Time to Relax is the perfect haven to decompress after a long day of classes.









### **KS3 Music Club**



Mr Blundell



KS3



Monday Lunchtimes



A104 Music Room

Are you a student with a passion for music? Do you find yourself tapping your feet to a beat or humming your favourite tunes? If so, join the Key Stage 3 Music Club every Monday lunchtime in the Music Room! This is a perfect space for students passionate about music, whether you're a beginner or an experienced performer. You'll learn new skills, develop your talents, collaborate with peers, and create your own compositions in a supportive environment. It's also a great opportunity to make new friends who share your love for music. Bring your passion and energy as we explore the magic of music together!









#### **KS3 Drama Club**



**Mr Hawley** 



KS3



Monday 3:10-4:10



A001

Are you ready to unleash your creativity and dive into the world of performance? Our new Drama Club is the perfect place for you! Join us in room A001 to explore the wonders of acting, storytelling, and character-building. Whether you're a seasoned performer or just curious to try something new, you'll have the chance to develop essential skills, express yourself, and make lasting friendships. Every session promises fun activities, imaginative games, and the chance to shine on stage. Don't miss out on this exciting journey into the heart of Drama—come be a part of our vibrant community! We can't wait to see you there!









### **UNO Club Years 7 & 8**



Mrs M Smith



**Years 7 & 8** 



Tuesday



B103

Everybody loves UNO! A great, simple card game to play with others. Whether you are competitive or just like to play while chatting to friends you are welcome to join us.

Don't worry if you never played UNO before and don't know the rules, they are quick and simple to pick up. If you are a seasoned pro come along and have a go at UNO Flip, UNO Wild or DOS. Everybody is welcome and I look forward to seeing you at UNO Club.







### **Poetry By Heart**



Ms M Knowles



All Years



Tuesday lunchtimes



A101

Are you passionate about poetry? Do you enjoy the thrill of performing your own work or the creativity behind writing verses that capture your thoughts and feelings? If so, we have an exciting opportunity for you!

We invite you to join us for a lunchtime session of Poetry By Heart. This is a welcoming space for all, regardless of your experience level in poetry. Whether you are a seasoned poet or someone who has never written a single line, we want you to come and share in the joy of poetic expression.







## **CV & Interview Workshop**



Ms L Duke



KS4



Tuesday 3.10 to 4.10



SSC

The CV and Interview workshop led by Ms. Duke in the Student Support Center (SSC) is an essential program aimed at equipping Key Stage 4 students with the skills necessary to create an impressive CV and excel in interviews. This interactive session will cover various aspects such as formatting, key elements to include, and tailoring applications to specific opportunities, as well as practical tips for presenting oneself confidently during interviews. Through hands-on activities and personalized feedback, students will gain valuable insights to enhance their employability and prepare effectively for future job applications and interviews.







### **Bee Creative - Arts and Crafts**



Miss L Charles and Mrs S Byron



**All Years** 



Wednesday 3.10 to 4.10



The Zone

We will create seasonal crafts inspired by both indoors and outdoors, using a variety of materials and products. Students will be encouraged to bring forward their thoughts and ideas and will be rewarded for 'The most creative student of the term'.







### **Trampolining**



Ms MacNaughton



**Years 7 & 8** 



Wednesday



Sports Hall

The exciting trampolining club is a dynamic and inclusive space open to all year groups, encouraging students to bounce their way to fitness while having an absolute blast! With its vibrant atmosphere and enthusiastic coaches, participants can enjoy a range of activities from basic jumps to impressive flips, all while building strength, coordination, and confidence. Not only is trampolining a fantastic way to relieve stress and meet new friends, but it also provides a unique and enjoyable workout that keeps everyone moving and smiling. Join us to discover the joy of trampolining and experience the thrill of soaring high!







```
30. Sep 2015 lib -> usr/lib
30. Sep 2015 lib64 -> usr/lib
23. Jul 10:01 lost+found
5 1. Aug 22:45 mnt
6 30. Sep 2015 opt
0 21. Sep 08:15 Private -> /homo/
```

### **Cyber First!**



Ms K Cuthbert



Year 8 Girls



Wednesday 3.10 to 4.10



B005

-Team up, Be Challenged & Win Laptops! Break Codes, Make Friends, Win Prizes

Are you ready for the next level?

First is national competition ran by The National Security Centre for girls in Year 8. In groups of 4 you will take on challenges involving cryptography, logic, artificial intelligence and networking.

All for the chance to be crowned security champions!!! Join Mrs Smith & Ms Cuthbert to find out what it's all about.

Year 8 girls only.









### **Netball Academy (Years 9 - 11)**



Miss G MacNaughton, Miss K Fowkes and Miss H Cooke



Years 9 - 11



Wednesday



**Sports Hall** 

This year, we are launching our first ever Netball Academy at The Oakwood Academy. We have been fortunate enough to obtain some funding that will support us with this opportunity, which has included brand new netball equipment, kit and gym equipment. This opportunity will provide weekly coaching after school Thursday KS4 3:10-4:10pm, which will include netball specific drills, games but also strength & conditioning in the gym; taking part in fixtures and tournaments in the city and county; training opportunities with world class netball players; kit that is specific to each individual and team; and trips to watch local and national teams compete in the super league.

If you wish to be a part of this opportunity you must not only show your commitment through attending all training sessions and fixtures, but also represent The Oakwood Academy as a role model to others. This can be through helping with other sporting opportunities at school, supporting in lessons, and using initiative to help with your own and others development.





### **Gym/Rowing Club**



Mr Truchet



All Years



Wednesday 3.10 to 4.10

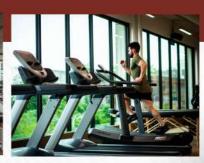


Gym

Join our exciting After School Rowing Club, where you can dive into the world of indoor rowing in our state-of-the-art gym facilities! Open to students of all skill levels, this club offers a fantastic opportunity to improve your rowing technique, build strength, and enhance your fitness. In addition to rowing, feel free to explore other gym equipment, such as weights and cardio machines, as long as you prioritize safety and follow gym guidelines. Whether you're a seasoned rower or just looking to try something new, come and be part of a supportive community that promotes teamwork, fitness, and fun. Don't miss out on the chance to row together and make new friends after school!











#### **KS4 Music Club**



Mr Blundell



KS4



Wednesday Lunchtimes



A104 Music Room

Are you a student with a passion for music? Do you find yourself tapping your feet to a beat or humming your favourite tunes? If so, join the Key Stage 4 Music Club every Wednesday lunchtime in the Music Room! This is a perfect space for students passionate about music, whether you're a beginner or an experienced performer. You'll learn new skills, develop your talents, collaborate with peers, and create your own compositions in a supportive environment. It's also a great opportunity to make new friends who share your love for music. Bring your passion and energy as we explore the magic of music together!











Mrs S Bower



**All Years** 



Thursday lunchtimes



B106

Pride group is a celebratory supportive environment for both students who identify within the LGBTQ+ community and those who wish to offer support and friendship alongside allyship.

A place to come and chat and support people and have conversations about all things LGBTQ+.

We use the time to delve into the history of the community, develop ideas to celebrate and support LGBTQ+ identities throughout the year.







### Netball Academy (Years 7 & 8)



Miss G MacNaughton, Miss K Fowkes and Miss H Cooke



Years 7 & 8



Wed/Thur 3.10 to 4.10



**Sports Hall** 

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### Couch to 5k!



Ms S Wilkinson, Mrs S Wright and Miss D Gray



**All Years** 



Thursday 3.10 to 4.10



**Bestwood Lodge** 

Healthy changes start with little changes. Couch to 5K is for everyone.

Whether you've never run before or you just want to get more active, Couch to 5K is an easy way of getting fitter and healthier.

If you are interested, come and join us every Thursday after school 3.10-4.10pm.







#### Science STEM club



Mr D Waller



**All Years** 



Thursday 3.10 to 4.10



B004

Could you survive an asteroid impact? For the last few billion years an asteroid has been journeying through space, on course to hit planet Earth! It collides with the Earth but luckily for you, scientists saw it coming and you were evacuated to an underground bunker.

Your challenge now is to survive the devastating aftermath.

This STEM club investigates the science involved in surviving an asteroid impact – from how you would grow crops in the long winter that follows the impact, to how you could protect yourself from burning acid rain.







## CREATIVITY

### **KS3 Creativity Club**



Art, Drama, DT, Food and Music Staff



KS3



Thursday 3.10 to 4.10



A001

Hey Key Stage 3 students!

Are you bursting with creativity? Do you enjoy drawing, designing, acting, cooking, or making music? If so, we have an exciting opportunity for you!

Join our Creative Club, where you can dive into Art, Design Technology, Drama, Food, and Music. It's the perfect place to express yourself, learn new skills, and have loads of fun with friends. Whether you're an imaginative artist, an aspiring actor, a future designer, a budding chef, or a music lover, there's something here for everyone.

Come and let your creativity shine with us! We can't wait to see the amazing things you'll create.

See you there!















### **Trampolining**







Years 9 - 11



Wednesday



Sports Hall

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### **UNO Club Years 9 - 11**



Mrs M Smith



Years 9 - 11



Thursday



B103

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Don't worry if you never played UNO before and don't know the rules, they are quick and simple to pick up. If you are a seasoned pro come along and have a go at UNO Flip, UNO Wild or DOS. Everybody is welcome and I look forward to seeing you at UNO Club.







#### **KS4 Music Club**



**Mr Blundell** 



KS4



Friday Lunchtimes



A104 Music Room

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